



*35<sup>th</sup> Annual*

# Celiac Conference

Saturday, November 5, 2022  
Nationwide Children's Hospital Education Center



**NATIONWIDE  
CHILDREN'S®**

*When your child needs a hospital, everything matters.*



# 35<sup>th</sup> Annual Celiac Conference

November 5, 2022

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## Conference Date

Saturday, November 5, 2022

## Conference Time

**Check-in** begins at 8:00 a.m. | **General session** begins at 8:30 a.m. | **Program ends** at 3 p.m.

## Location

Nationwide Children's Hospital Education Center  
700 Children's Drive | Columbus, OH 43205

**All children attending must be accompanied by an adult who is registered for the conference.**

## Cost

**Conference fee:** Adults – \$40 (in person); \$35 (virtual) | Teens & School-Age – Free.

Payment may be made by cash, check, Visa, MasterCard, Discover or American Express.

Registrations can be made by mail or online at [NationwideChildrens.org/Edu](https://NationwideChildrens.org/Edu).

You can also access our registration link on the Celiac Disease Center website

[NationwideChildrens.org/Celiac-Disease](https://NationwideChildrens.org/Celiac-Disease).

**Everyone at the conference must pre-register. We are not able to accommodate walk-ins.**

## Registration Fee Includes

Presentations, education materials, activities and gluten-free lunch.

## Cancellation Policy

Cancellations are accepted until two weeks before the program with refunds made minus 30% for administrative costs. After that time, no refunds will be given. No exceptions.

## Confirmation

A confirmation email will be sent upon paid registration. Conference logistics information will be sent closer to the event date.

## Sponsors

Nationwide Children's Hospital:

Department of Clinical Nutrition Services

Division of Gastroenterology, Hepatology and Nutrition

Community Education Department

*This conference is specifically for people with celiac disease. It does not address autism.*



# Celiac Conference Information

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## Adult Session

8:00 a.m.	<b>Check-In Opens</b>
8:30 – 8:45 a.m.	<b>Welcome Remarks</b> <i>Mary Kay Sharrett, MS, RD, LD, CNSC</i>
8:45 - 9:45 a.m.	<b>Keynote</b> <i>Maureen Leonard, MD, MMSc</i> <i>Director, Center for Celiac Research and Treatment at Mass General Hospital for Children</i>
9:45 – 10:15 a.m.	<b>Celiac Update</b> <i>Tracy Ediger, MD, PhD</i>
10:15 a.m. – 10:30 a.m.	<b>Break</b>
10:30 – 11 a.m.	<b>When Gluten Shows Up in Labeled Gluten-Free Fermented and Hydrolyzed Foods. What To Do?</b> <i>Amy Keller, MS, RDN, LD</i>
11 - 11:35 a.m.	<b>Metabolic Bone Disease in Adults with Celiac: Assessment and Treatment Strategies</b> <i>Kristin Roberts, PhD, RDN, LD, CNSC, FASPEN, FAND</i>
11:35 – 12:15 p.m.	<b>Lunch</b> ( <i>All children join adults for lunch</i> )
12:15 – 1:30 p.m.	<b>Q&amp;A Panel Discussion</b> <i>Maureen Leonard, MD, MMSc</i> <i>Tracy Ediger, MD, PhD</i> <i>Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
1:30 - 1:45 p.m.	<b>Break</b>
1:45 – 2:15 p.m.	<b>Cooking Demonstration</b> <i>Amy McCrae, MBA, RDN, LD</i>
2:15 - 2:45 p.m.	<b>Living Gluten-Free in College Panel Discussion</b> <i>Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
2:45 - 3 p.m.	<b>Evaluations/Adjourn/Final Prize Drawing</b>

## Teen (ages 12+) & School-Age (ages 7-11) Sessions

Teen and school-age sessions are led by The Ohio State University dietetic students. Children will learn about reading and understanding food labels, going out to restaurants and eating gluten-free, ways to cook gluten-free options, etc. They will also participate in age-appropriate activities designed to educate them about living with celiac disease.

# Presenters

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## **Keynote: Maureen Leonard, MD, MMSc**

Dr. Leonard is the clinical director of the Center for Celiac Research and Treatment at MassGeneral Hospital for Children (MGHfC) and an instructor of pediatrics at Harvard Medical School (HMS). She sees adult and pediatric patients with celiac disease, non-celiac gluten sensitivity, and other gluten-related disorders.

Dr. Leonard obtained her medical degree from New York Medical College, completed her residency in general pediatrics at Tufts Medical Center, and completed her fellowship in pediatric gastroenterology at MGHfC. An associate investigator at the Nutrition Obesity Research Center at HMS, Dr. Leonard received a master's degree in clinical and translational investigation from HMS.

Dr. Leonard's research is focused on predicting and preventing celiac disease through precision medicine. Her current work includes identifying biomarkers that can predict intestinal healing in patients with celiac disease, building translational models capable of predicting autoimmune disease in high-risk individuals, and working on the NIH-funded Celiac Disease Genomic, Environment, Microbiome, and Metabolomic Study (CDGEMM) – [www.cdgemm.org](http://www.cdgemm.org). Dr. Leonard currently holds funding from the Nutrition Obesity Research Center at Harvard and the NIH (FDK109620A) and has received funding by the Thrasher Foundation in the past.

You can find her on Twitter, Instagram, and Facebook under the name @celiacdoc.

## **Tracy Ediger, MD, PhD**

Dr. Ediger is Director of the Celiac Disease Center at Nationwide Children's Hospital and an Assistant Professor of Clinical Pediatrics at The Ohio State University College of Medicine. He attended the University of Illinois for his graduate studies and medical education and completed his residency and fellowship in pediatric gastroenterology at Boston Children's Hospital and Harvard Medical School. His research has focused on intestinal inflammation and resolution in the context of the intestinal stem cell. Dr. Ediger's clinical interests include all aspects of general gastroenterology, including inflammatory bowel disease, celiac disease and eosinophilic disorders.

## **Amy Keller, MS, RDN, LD**

Amy Keller has been a registered dietitian for 21 years, working primarily in community hospitals. She has a special interest in Celiac disease, weight bias, wellness, and non-diet weight management. She is the past chair of the Dietitians in Gluten Intolerance Disorders practice group and is the current chair of the Medical Nutrition Practice Group. She founded and has led the Logan County Celiac Support group in Bellefontaine since 2010.

Amy is a preceptor for dietetic interns from Bluffton University. She is a popular speaker, regularly presenting at regional and national events. She was the keynote presenter for the 2019 Nationwide Children's Celiac Conference. She is the co-author of two articles in the European Journal of Clinical Nutrition on Allergen Advisory Statements. Amy authored articles on the gluten-free diet in Diabetes Spectrum (May 2017) and Practical Gastroenterology (December 2019). She was a co-author of two articles (September 2016 and March 2018) in the European Journal of Clinical Nutrition on allergen advisory statements. She was also a co-author of a recent study on cross-contact in shared fryers, published as a poster at the AOAC international meeting and Frontiers in Nutrition (March 2021) She is the co-host of the podcast, The Secret Life of Dietitians.

## **Amy McCrea, MBA, RDN, LD**

Amy McCrea is a Registered Dietitian-Nutritionist passionate about using food and lifestyle changes to restore health. She has received advanced Nutrigenomics training and completed the Monash Low-FODMAP certification training. Her specialty areas of practice are nutrigenomics, gastrointestinal disorders, and immunology. She was also the former owner of Soodles Bakery and has also presented for Nationwide Children's Celiac Conference.

(continued)

### **Kristen Roberts, PhD, RDN, LD, CNSC, FAND, FASPEN**

Kristen Roberts is a Registered Dietitian Nutritionist with 17 years clinical experience in gastrointestinal failure, gut rehabilitation and nutrition support. Currently, she holds a joint appointment within the Division of Gastroenterology, Hepatology and Nutrition and the School of Health and Rehabilitation Sciences at The Ohio State University. Her clinical expertise is caring for patients with various GI illnesses, including Celiac disease. She recently completed a 3-year term on the Evidence Analysis Library team for the Academy of Nutrition and Dietetics evaluating the nutrition evidence in Celiac Disease. Additionally, she completed the Celiac Disease education materials for the Nutrition Care Manual sponsored by the Academy of Nutrition and Dietetics. Prior to her employment with OSU, Kristen completed her PhD in Human Nutrition with a specialization in biomedical clinical and translational science and she has an active research program understanding the impact of dietary patterns on chronic inflammatory condition. She is a fellow of the Academy of Nutrition and Dietetics and of the American Society for Parenteral and Enteral Nutrition and a Certified Nutrition Support Clinician and serves as the Associate Editor for Nutrition in Clinical Practice.

### **Mary Kay Sharrett, MS, RD, LD, CNSC**

Mary Kay has been a Clinical Dietitian at Nationwide Children's Hospital for over 40 years and is the resident expert on the celiac diet. She has served on the Celiac Conference planning committee since its inception and is the clinical liaison to the Gluten-Free Gang Support Group. She has become a popular speaker at national and regional conferences and a favorite interview among the popular press.

For details on all of Nationwide  
Children's Community Education  
Classes, visit our website at  
**NationwideChildrens.org/Edu**



# 35<sup>th</sup> Annual Celiac Conference

## 2022 REGISTRATION INFORMATION

*Everyone at the conference must pre-register. No walk-ins accepted.*

### Ways to Register:

- **Online:** Visit [NationwideChildrens.org/Edu](https://NationwideChildrens.org/Edu) and search "Celiac"
- **Mail:** Mail this form with payment to  
Nationwide Children's Hospital Community Education,  
700 Children's Drive, Columbus, OH 43205
- Or contact us directly at [CommunityEducation@NationwideChildrens.org](mailto:CommunityEducation@NationwideChildrens.org) or by calling (614) 355-0589.

	Session	Age (if under 18)
Name _____	_____	_____
Name _____	_____	_____
Name _____	_____	_____
Name _____	_____	_____
Address _____		
City _____	State _____	Zip _____
County _____		
School District _____		
Cell phone (     ) _____	Home Phone (     ) _____	
Email _____		

### Other Requirements:

- ☐ Interpreter for the Hearing Impaired
- ☐ Wheelchair seating
- ☐ Other \_\_\_\_\_

\*If you or any of your children have other special requirements, please list them in the space provided. \_\_\_\_\_

### Registration Fee:

- |                                                     |                                                   |
|-----------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Adult (in person).....\$40 | <input type="checkbox"/> Adult (virtual).....\$35 |
| <input type="checkbox"/> Teen 12-17.....Free        | <input type="checkbox"/> School-Age 6-11.....Free |

**Payment Information:** ☐ Cash ☐ Check ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Name on Card \_\_\_\_\_

Billing Address \_\_\_\_\_

*Make check payable to Nationwide Children's Hospital. Credit card charge will show as Children's Education on your statement.*



Nationwide Children's Hospital  
Community Education  
700 Children's Drive  
Columbus, Ohio 43205-2664  
[NationwideChildrens.org](http://NationwideChildrens.org)

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